

## A MESSAGE FROM PASTOR BOB

Sunday, August 15, 2010

*Good morning and welcome to Abundant Life! I am glad that you are here; I consider it an honor to worship the Lord together today. If this is your first time to worship with us, please take a minute to complete one of our Welcome Cards located in the guest packet. If you did not receive a guest packet you can get one at the "Information Center" in the lobby. Once you complete the card either drop it in the basket during the offering or leave it at the Information Center. Again, I am glad that you are here today! Pastor Bob*

Good morning to you! As I have spent my time on this sabbatical break, I have had a plan that I have been working and a part of that plan was to read through the Book of Psalms in the Bible. I have read the Psalms many times but this time has been special as I have been able to read larger portions at one time. On Tuesday of this week as I read Psalm 107 it really spoke volumes to me heart. In verses 23-32 the author talks about a storm at sea and how the people respond to it. Read selected verses here (pay special attention to the bold, italicized word):

"Those who go down to the sea in ships, who do business on great waters, they see the works of the LORD, and His wonders in the deep. For He commands and raises the stormy wind, which lifts up the waves of the sea. They mount up to the heavens, they go down again to the depths; ***their soul melts because of trouble.*** They reel to and fro, and stagger like a drunken man, ***and are at their wits' end. Then they cry out to the LORD in their trouble and He brings them out of their distresses. He calms the storm, so that its waves are still.*** Then they are glad because they are quiet; so He guides them to their desired haven. Oh, that men would give thanks to the LORD for His goodness, and for His wonderful works to the children of men!"

Storms are a part of every life and when we face them we can have one of two responses, our souls can melt with fear and we can find ourselves at wit's end, or we can cry out to the Lord and He will bring us out of the storm. Too often we panic before we pray.

Today, you may be reading this article and you are in the midst of the storm, maybe you have already panicked, but God can still calm the storm in your life. Maybe you have cried out to the Lord and the waves just keep bashing you, know that He is at work producing His grace in your life and maybe it is you that He will calm. Either way, God is in control and He will see you through.

You may not find yourself in a storm today, but let me assure you there is one just over the horizon. No I am not being negative it is just a reality that there will be storms in this life. If you aren't in one now you are either just coming out of one or headed for one. So take note, when the clouds start to swirl and the winds start to howl remember – "***Then they cry out to the LORD in their trouble and He brings them out of their distresses. He calms the storm, so that its waves are still.***"

We will see you soon! Blessings!

Pastor Bob

## FROM GENERATION TO GENERATION

**Bob & Shari will be returning from Sabbatical next week!  
Bob will be in the office Tuesday 17-August, 2010  
Please come out next Wednesday and Sunday to welcome back our Pastors  
and let them know they're missed!**

### Kids Church Building Update

Last week our Building Task Force met and made a recommendation that we resume the work to repair the damage in the Kids Church Building. The Task Force evaluated all options and felt that this was the best one available to us. Work will be resuming soon, so please be sure to see Larry or Tim Fox to volunteer and find out the work schedule. There is much to be done and ways that everyone can help. Please be sure to mark any monetary gifts for the project "***Building Fund***".

***Wednesday Night Live Back to School Bash this Wednesday August 18<sup>th</sup>***  
*Join us Wednesday evening starting with a cookout at 6:00PM. Our menu is Hot Dogs and Hamburgers. For dessert, make your own Ice Cream Sundae! Cost is \$3/person or \$10 for a family of four or more. Exciting games to follow! Please join us and bring a friend!*

### Baby News!

Please welcome our new addition to ALF church family! Katie Lynn Canoy, baby girl, born Friday morning, August 13, weighing 7lbs/13 ounces/20 inches. Amy and Katie Lynn are doing great and currently in the Iredell Memorial Hospital. Congratulations go out to Jr, Amy and Kayla in the birth of their new baby girl!

### PRAYER REQUESTS / NEEDS

- **Kirk Sherril**, son of Joe Sherrill (church neighbor who passed this week)
- **Danielle Harris** –healing of cancer
- **Glenda Erwin** – Pastor Bob's aunt, pancreatic cancer
- **Serenity House** – please pray for this ministry in our community, that God would provide for their every need

### Ladies Aloft Fall Event

A.L.O.F.T. (Abundant Life, Our Fellowship Together)  
Fall Kickoff/Parade of tables Saturday Sept. 11<sup>th</sup>  
Tickets are \$10 and sale starts Sunday Aug 8<sup>th</sup>  
See Jessica Dingler for details or purchase your tickets!



### Upcoming Events

August 18 – Wednesday Night Live Cookout – *Back to School Bash 6:30 PM*  
August 26 – Disciple Bible Study Begins  
August 29 – Congregational Meeting – Regarding Building Issues  
September 12 - New Series, What in the World is Going On?  
September 26 – Friends & Family Day